# HACIENDA ZORITA THE WINE & OLIVE SPA





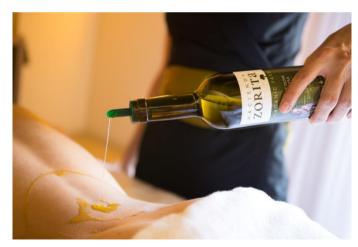
Independently minded

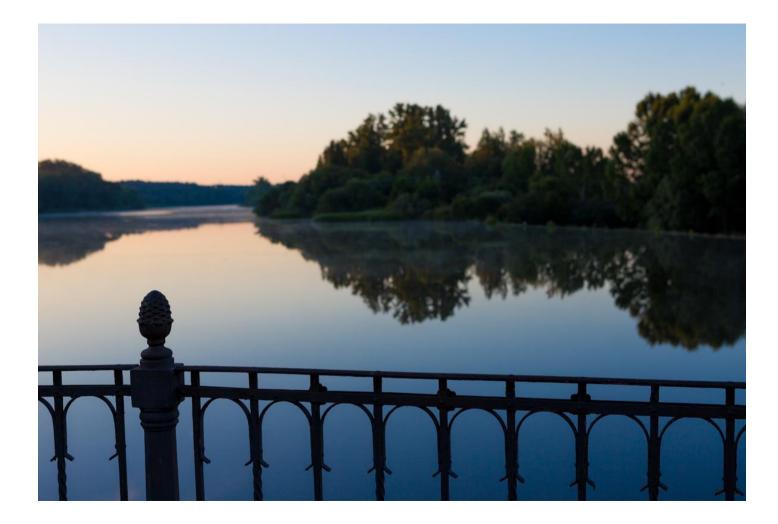




















#### **EXCLUSIVE TREATMENTS HACIENDA ZORITA**

Hacienda Zorita 50min 100€

Breathe in... the scent of serenity. Feel... the heat of herbal bundles, the warm touch of hands, the magic of sound... Breathe out... feel the absolute harmony in your body.

A blissful feeling for your senses. Experience unique sensations blooming from smooth Thai stretching. Let your sense of smell to wake up as the heat of lavender or green tea invades you. Be delighted after a wrapping massage and feel the vibe and special symphony of Tibetan bowls.

Olive-therapy 50-90min 100€ - 150€

Pure gold from the Mediterranean now on your skin. Benefit from our handmade olive oil and its antioxidant, regenerative and emollient properties commonplace in any beauty treatment.

- -50' Peeling · Salts and olive tree leaves combined with micronized lavender + green clay wrapping and geranium floral water.
- -90' Peeling · Salts and olive tree leaves combined with micronized lavender + green clay wrapping and geranium floral water + olive oil massage and moisture treatment, karité butter and essential oils with timber and citrus nuances.

# Wine-therapy 50-90min

100€ - 150€

Bring vitality and freshness back to your skin with the antioxidant and rejuvenating power of grapes.

- 50' Peeling · Peeling, laminaria salt and red vine extracts + red wine wrapping and roses floral water.
- 90' Peeling · Peeling, laminaria salt and red vine extracts + red wine wrapping and roses floral water + moisture and grape seed oil massage with essential floral oils.

Heaven & earth 50 min 80€

Find your physical balance through the polarity of your head and feet. Comprehensive shoulder-nape and head therapy mixed with a feet massage. A real luxury for your senses that will make a difference. Based on oriental reflexology therapies and the use of essential oils to free your mind and vanish heaviness off your feet.

Foot massage 50 min 80€

A massage that spreads from your feet through your whole organism. There are hundreds of nerve endings in the roots of our body, which are the headquarters of all of our organs. For such reason, a foot massage is the perfect way to invigorate our organism and bring its vitality back.

## Cranio facial Thai massage 50 min

80€

Take advantage from the most effective Thai skills in diminishing the physical-energetic stress that stores in our shoulders and head. Relaxation, invigoration and stress relief are some of the advantages of working on cranio-facial marma spots.

## HACIENDA ZORITA RITUALS

## Wine & roses ritual 1h30min

190€

Allow yourself the unique pleasure of this treatment and let every cell of your skin wake up. A perfect balance of trace elements, vine and rose, synonyms of beauty since immemorial times. Your skin will be delighted and your circulatory system will benefit from the invigorating effect of this exclusive treatment.

Body peeling with laminaria salt, micronized red vine and Bulgarian rose petals with a rejuvenating component of grape seed oil and essential geranium oil. Includes invigorating red vine cream wrapping.

Massage with grape seed and Bulgarian rose essential oils.

Smooth facial peeling with micronized rose and grape, moisture with natural red vine serum, wine mask and Bulgarian rose facial tonic.

Olive skin ritual 1h30min

Take your time, awake your senses... A natural body care. A sensory journey that will lead you through the scents and flavours of the most genuine Duero Valley and will moist and nourish your skin.

Physical Peeling: Laminaria salt, micronized lavender flower and olive leaves.

Olive oil and karité butter massage with a perfectly balanced combination of essential lavender and sandalwood oils. Facial massage, smooth roses peeling, floral tonic, kaolin facial mask, floral water and essential oils matching your type of skin.

#### THE CLASSICS

Full massage 50min 80€

Seduce yourself and experience a state of peace and comfort through the most accurate technique and a deeply relaxing massage.

The foremost aim is to achieve a full relaxation of body and mind. This treatment has its origin in the combination of the Swedish massage and oriental techniques that results in a relaxing, innovative and unique experience.

## Localized massage 20min

40€

A classic massage for quick and effective physical maintenance.

The body comes back to its natural state of harmony as it gains elasticity on the areas treated.

To choose from legs, arms and back.

# Sport massage 30min

50€

The perfect match to improve your physical condition and a lessening of muscular fatigue.

Oriental finger-pressure technique and comprehensive massage for a physical and energetic unlocking. Arnica Montana and essential oils that boost your blood flow filling the muscles with oxygen and nutrients.

# Anti-cellulite and circulatory massage 30min

50€

Feel light as we bring vitality back to your legs.

Specific massage for your legs that releases toxins from your body thanks to essential cedar oils. It also strengthens your blood capillaries due to the harmonizing effect of grape seeds and rosemary and mint essential oils.

## **BODY TREATMENTS**

## Peeling 15min

30€

Refresh your skin with our selection of special peelings for sensitive, standard or mature skin.

Cleaning dead skin cells is the first step towards a silky and bright skin.

Wrapping 30min 40€

Endow your organism with the minerals and active principles it needs.

Our wrappings are made of natural products such as grapes, green clay, kaolin clay and green tea, to be chosen alone or in a mix for the perfect result you deserve.

Moisturizing 20min 40€

Personal treatment for each kind of skin at any age.

It nourishes and moisturizes your skin deeply.

It includes moisturizing, nutritive, remineralizing, detox.

# Grape & green tea detox 50-90min

100€-150€

If you suffer from fluid retention or leg fatigue, this is your perfect match.

Apart from being an excellent invigorating experience, this treatment tones your immune and circulatory system. Laminaria salt and green tea peeling + micronized green tea, red vine and horsetail wrapping + grape seed and essential cedar and lemon oils.

## **FACIAL TREATMENTS**

Facial flash 20min 45€

Bring luminosity back to your face with our exclusive biologic deluxe products.

If you are looking for simplicity and excellent results on your facial skin this is your choice.

It includes cleansing, peeling and moisturizing.

# Grapes & Flowers 50min

100€

A treatment conceived for today's woman who nourishes herself and finds her identity through beauty and nature. It blends the antioxidant and rejuvenating properties of grape with the virtuous of essential Bulgarian rose oil and its emollient and smoothing features.

It includes cleansing, tonic, peeling and moisturizing.

Special for men 50min 100€

Make use of a variety of specific products to meet the needs of your facial skin and boost its vitality. It includes cleansing, tonic, peeling, mask and moisture.

Nature deluxe 90min 150€

A fresh restart for your skin and a break for your mind through the benefits of the state-of-the-art aromatherapy and natural cosmetics together with reflexology techniques and Shiatsu to achieve total relaxation of your facial muscles and reduction of age wrinkles.

It includes: cleansing, peeling, floral tonic, mask and a 30-minute cranio-facial massage

Olive Spa 2h 30min

It includes a 1h 30' private Spa session that comes with a gastronomic menu and a unique body treatment designed for the satisfaction of the most demanding customer.

60' Peeling and olive-therapy body massage.

Give yourself time to enjoy and forget everything else as your body connects with its natural origins.

It includes a full brunch made of natural and healthy products from our Duero Valley where olive oil is the key. Enjoy truly natural products made with all our love and let your organism benefit from them.

Make the most of it!

Wine Spa 2h 30 min 165€

It includes a 1h 30' private Spa session together with our Duero Valley gastronomic menu and a full wine therapy treatment consisting of a body peeling and a grape seed oil massage.

Take advantage of the best antioxidant treatment and give yourself a time to rejuvenate inside and out.

We will take care of you.

This treatment comes with a healthy gastronomic menu including a selection of natural and local products and a bottle of wine of our own production.

#### **ORIENTAL DELIGHT**

## Thai massage de 50-90min

80€-120€

Tradition, technique and art made one to create one of the most beautiful and comprehensive massages in the world. Let us take you into the authentic Thai massage in a unique and peerless experience.

This exclusive technique is based on pressure, stretching and swinging that lead to a deep state of wellness and lightness.

Shiatsu 50min 80€

Beyond the body comes the mind. That is where the yin and the yan converge into one giving birth to shiatsu, the perfect match for those willing to experience the mystical energy that surrounds us subtly. Nature expresses its own being by means of balance, and shiatsu stands as the most natural tie to fill body and mind with quiescence.

This discipline works on our energy lines and strategic accurrences are points according to Chinese traditional.

This discipline works on our energy lines and strategic acupressure points according to Chinese traditional medicine.

#### NADA BRAHMA EVERYTHING IS VIBRATION...

Tibetan bowls 30min 40€

Originally a millenary Tibetan practice, the luxury and pleasure of the Tibetan bowls therapy comes now close at hand. Human beings converge with the universal energy around us, and sound is the vehicle to tune and harmonize our physical, mental and energetic body.

Reiki 50min 80€

A purely energetic therapy that transcends the physical limits making its way into the mysterious dimension of vibration and the healing energy of Reiki. A therapy conceived for those in need of healing and full relaxation.

Single reiki 50min 80€

A communion of singing and energy in an experience that touches the magical and transcendental part of us. Specifically conceived for those who have experienced Reiki Usui previously and are willing to hoard healing energy in a singular and deep experience.

#### THE WINE & OLIVE SPA SERVICES

Half an hour of complementary use of the Jacuzzi for guests who booked one of the treatments. If you wish to use this service, please kindly book it in advance due to limited availability.

If you wish to book the Spa privately, the fee is 15€ per person per hour.

## **TIMETABLE**

High season  $\cdot$  Every day from 10am to 9pm Low season  $\cdot$  From Wednesday to Saturday from 10am to 9pm  $\cdot$  Sundays from 10am to 2pm

## **TELEPHONE**

Dial 209 from your room
Dial 923 129 400 from your cell phone

#### **CANCELLATION POLICY**

No cost if the treatment or service is cancelled up to I day before the date of the treatment. If cancelled the same day of the treatment, 50% of the total price will be charged.

We recommend booking in advance · Limited space, up to 6 people
High season is from May to October
Low season is from November to April · Closed in January
The seasons are subject to variations

## Hacienda Zorita Wine Hotel & Spa

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